



A New Day

QUANADA's Newsletter • Voices Of Change

2707 Maine St., Quincy, IL 62301 • (217) 222-0069 • Winter 2009

QUANADA SERVICES FOR FY 2009

<i>Program</i>	<i>clients/ participants</i>	<i>service hours</i>
Domestic Violence	636	10,510.25
Sexual Assault	174	1020.50
Prevention Education	10,579	543

Project 100

October is domestic violence awareness month. Domestic violence service providers use this month as an opportunity to bring awareness involving the dynamics of domestic violence to their respective communities. Quanada annually conducts a few activities each October to bring awareness to this issue and to the services we offer. One of the activities we conducted this year was Project 100. We started doing this event about 10 years ago as a way to get more men involved in the work we do. Domestic violence work has historically been dominated by women, and for good reason. Service providers like Quanada trace their roots back to programs that followed the social upheaval of the 1960s and 1970s. Civil rights movements and women's rights movements of the era often led to the development of legislation and programs designed to improve conditions for these populations. Since women were the ones primarily advocating for their rights, it was natural that the services born from that work would be female oriented. Men tend to not think about women's rights issues as much as women do. Domestic violence is about one individual (typically male) using violence and intimidation to control another. Most men in relationships are nonviolent and noncontrolling. They are engaged in healthy relationships. These men generally do not think about domestic violence or the need for domestic violence laws and services. Quanada began doing Project 100 as a way to get more of these men involved and thinking about this very important social issue.

Each year it is our goal to bring 100 area men together at Project 100. Their presence is simply a showing of support for Quanada and our work around domestic violence. We encourage all men to join us in future events and to begin thinking about solutions for domestic violence in our community. Thank you to all those that have supported us in the past!

Grandview Church Food Drive Donation

Grandview Church recently collected over 1000 pounds of food for the Quanada food pantry. This is the third year in a row the church has organized this food drive for Quanada. Brian Hutchinson from Grandview said, "We want to make sure that families in need have food to eat for the holidays." They hope to collect over 2000 pounds of food next year. Thank you Grandview Church!



Email Address Request

Quanada is in the process of developing an email list for supporters. Stay current on Quanada activities and news by signing up today. Please email Karen at info@quanada.org if you are interested. Your email address will remain within the agency and kept in strict confidence.



From the Executive Director

The first half of fiscal year 2010 has been challenging for Quanada to say the least. We finished last fiscal year up with record numbers in terms of clients served and hours of service provided. The poor economy has likely contributed to an increase in need for Quanada services at the very time that our capability to meet this need has deteriorated. Like all social service programs, Quanada lost a significant amount of funding this year due to state budget cuts. As a result we have reduced our staff by 2 employees. The board did everything they could to make up the shortfall without impacting staffing patterns, but in the end, the cuts were just too dramatic to resolve in this manner. These cuts have impacted our ability to provide services accordingly. We have reduced our shelter bed capacity from 21 beds down to 18 and we have reduced some of our child and adult counseling services. Our shelter has been running at or near peak capacity for almost 3 years straight now. None of us like turning victims of domestic violence away when they need important services to provide for their safety and the safety of their children. Let's hope the declining funding environment turns around quickly so that we can restore services and always have the means to assist victims and their children.

Even in a lean year like this, the agency has not stopped planning for expansion of effective services, the addition of new

services and improving the quality of existing services. We have identified new grant opportunities this year in an effort to realize these plans. We are currently waiting to hear on the results of these grant applications, so hopefully I'll be able to report on our successes in the summer 2010 newsletter.

This winter edition of our newsletter coincides with our annual appeal. You'll find an envelope contained within this edition if you are interested in making a tax deductible contribution to Quanada. In addition to my attempt to find new grant and foundation money to support our program, the board has planned a few fundraisers in the upcoming year. Our ability to raise local money is vital to meet our goals of program restoration and subsequent expansion in the upcoming year. I respectfully ask for your assistance in helping us keep vulnerable families safe in our communities. Thank you and Happy Holidays!



Jerry Gille

Jerry Gille, Executive Director

United Way Volunteers Come to Quanada

On October 2, a group of 14 volunteers associated with the United Way of Adams County assisted with various tasks at the shelter. The group helped with our weekly food pantry, wrapped Christmas presents for client Christmas boxes, unloaded deliveries and assisted with various tasks associated with clothing donations.

Quanada wishes to thank these volunteers and their employers for giving their time on a Friday morning to help us out!



Volunteer Service to Quanada in FY09

Quanada wishes to thank the many volunteers that serve our programs in one capacity or another each and every day. In fiscal year 2009 volunteers provided 6713 hours of service to our agency. We would not be able to provide the level of service we do without their dedicated efforts!

Walden Books Donation

Walden Books at the Quincy Mall recently made a very large donation of children's books to the Quanada shelter. These books were all new or in like-new condition. The books will go in Christmas boxes and will be provided to families that are residing in shelter. Thank you Walden Books!



Community Walk Against Violence

In October, Quanada, along with the YWCA, the Advocacy Network for Children and the Family Violence Coordinating Council held a Community Walk Against Violence. 2009 was the second year we conducted this event. This is a compass walk where participants gather at four different starting points. The groups then walk to Quanada where they meet up and join in on a short presentation and reception. The purpose of this walk is to bring awareness to the issue of domestic violence by showing how many different individuals and service providers it touches. We all have our respec-



pective work to do, yet domestic violence is common in many of our cases. The walk symbolizes our recognition of this common thread and our need to come together to adequately address the problem.

Melissa Holden, Executive Director of the Quincy YWCA speaks at the Community Walk Against Violence

Adams County Red Cross Food Drive Benefits Quanada

LeAnn Vance recently coordinated a food drive with the Adams County Red Cross in support of Quanada's food pantry. The need for our food pantry services is at an all-time high right now with the poor economy. Local food drives are vitally important to supplement our regular commodity purchases for this program. Thanks LeAnn and the Adams County Red Cross!

Please call us if you would like to donate food to Quanada or organize a food drive on our behalf.

We'd be happy to help.



LeAnn Vance and Jerry Gille

Volunteer Spotlight



Dee Dannehold

Dee Dannehold has been a volunteer for Quanada for nine years. In that time she has mostly done court watch for the sexual assault office. This involves observing court cases that the sexual assault staff has expressed an interest in their outcome. Dee has also helped with numerous fundraisers and commu-

nity events. In addition to being a volunteer for Quanada, she is a court advocate for the States Attorney's Office. She helps with the weekly sing-along program in the Alzheimer's unit at Good Samaritan Home where her mother is living. Dee also serves as an Election Judge in Riverside Township.

She retired in 1997 from J.M. Huber Corp. where she was an executive secretary in the Purchasing Department for 13 years. Prior to that she worked as a secretary at Motorola, Inc for 18 years, a secretary at Quintron Corp. for 4 years and a secretary for Cummins Engine Co. for 4 years. She worked in the Purchasing Departments at all these companies. She is a widow and has 3 married daughters, 5 grandsons, 3 granddaughters & 3 great-granddaughters. Her interests include bowling, traveling, walking & reading.

Pike County Events

One of the exciting programs which the Pike County office has been involved with is the ongoing Sexuality Series in the Pikeland schools. The school approached the Pike County Health Department a year ago and asked if they could bring back a sexuality series that they coordinated several years ago. The health department then contacted Quanada and we worked together to do the series which covers the physical and biological aspects of sexuality, as well as the relationship aspects. Pat Waters speaks about boundaries, sexual abuse, the laws regarding sexual choices, and dating abuse.

We initially spoke to all of the high school girls last spring and then to all of the boys this fall. We are currently speaking to all of the 6th and 8th graders at Pikeland Community Schools. In addition, we have offered the series to the other Pike County schools.

We see this as a great opportunity to education the teens, of course, but also to educate the teens and parents about the various services of prevention and crisis response that Quanada can provide.

2009 Domestic Violence Statistics from the Quincy Police

The Quincy Police Department responded to 457 incidents of domestic battery from July 1, 2008 to June 30, 2009. 191 arrests were made based upon these reports. Responding to domestic battery calls can be very dangerous and difficult for law enforcement. Quanada wishes to thank the Quincy Police Department for their commitment to ending family violence while holding offenders accountable for their actions!

Members Needed for a Brown/Schuyler County Advisory Board

Quanada maintains satellite offices in Brown and Schuyler counties. The two offices are staffed by one full time advocate. We brought this program on line in 2000 out of a need to have a physical presence in these rural communities. We are currently exploring ways to promote our program and services better in this area. Quanada is developing an advisory board for the purpose of bringing people together that can help with our promotion efforts. If you are interested in serving on this board, please call Quanada to talk to us about it.

Quanada Receives Allstate Economic Empowerment Grant

Quanada is one of two domestic violence programs in Illinois to receive a \$10,000.00 grant from the Allstate Foundation and the National Network to End Domestic Violence. Quanada will provide financial education classes to survivors in Adams, Pike and Schuyler counties. Curriculum will include "Understanding Financial Abuse," "Learning Financial Fundamentals," "Mastering Credit Basics," "Building Financial Foundations" and "Creating Budgeting Strategies."

Quanada receives check from the Carpenters and Joiners Local

Quanada recently received a check in the amount of \$500.00 from the Carpenters and Joiners Local. This money will be used in support of our food pantry efforts. Thank you!

Mike Martin and Jerry Gille



Quanada's Endowment Fund

Quanada relies heavily upon State and Federal grants for our operational expenses. Unfortunately many of these grants have seen significant reductions over the past couple of years. Reducing our dependence upon State and Federal funding is a part of our long term plan. If you are interested in giving a tax-deductible gift to Quanada's endowment please contact Bruce Johnston at 222-0069. We respectfully ask for you to also consider planned giving such as wills, trusts or bequests.

Appeal

Imagine what it is like to make a decision to leave an abusive partner after 10 years of marriage. How will you provide for the needs of your children? Your husband never liked for you to work, favoring your presence at home with the kids. Where will you live and how will you pay for it? What if your husband follows through with his threats to kill you and the kids if you ever leave him? Now imagine that you finally got the nerve to make this decision to leave. You arrive at the door of the local domestic violence shelter seeking a safe place to stay and assistance with your new plans. Then you find out that due to state budget cuts, the

shelter cannot accommodate you – they no longer have the staff or the capabilities to keep up with the needs in their community.

Unfortunately this scenario is real, and has played out more times than any of us would like to see recently. State funding cuts have left Quanada in an unfortunate position of not being able to adequately meet the needs of our community. Your donation can help. With your gift we can keep our shelter running at full capacity and never have to deny that courageous mother shelter again! Please help, and thank you.

From QUANADA, Quincy Area Network Against Domestic Abuse

2707 Maine St., Quincy, IL 62301
RETURN SERVICE REQUESTED
 Domestic Violence Program
 2707 Maine St., Quincy, IL 62301
 info@quanada.org • (217) 222-0069
 Sexual Assault Program
 1900 Harrison Quincy, IL 62301
 sa@quanada.org • (217) 223-2030
 Pike County Office
 941 W. Washington Pittsfield, IL 62363
 pquanada@adams.net • (217) 285-6119
 Schuyler County Office
 225 W. Washington Rushville, IL 62681
 (217) 322-2120
 Brown County Office
 206 S.W. Cross Mt. Sterling, IL 62353
 (217) 242-3889



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